



100
CHURCHES

FOUNDATIONS PRE-LICENSE TRAINING

ABOUT THIS COURSE

Foundations for Strong Families and Supportive Communities aims to equip potential foster parents with the skills and knowledge they need to effectively care and advocate for foster children. Throughout this course, participants will learn about their state's foster care system, trauma and its effects, how to positively manage behaviors, and how to advocate for the best interest of foster children. By completing this course, participants will have the ability to provide high-quality parenting that meets the individual needs of diverse children and help them achieve safe and stable permanency.

A snapshot of the course:

- ✓ **The Foster Care System:** How your specific state's system works and its goal; why children are removed from home; what is neglect and abuse.
- ✓ **The Effects of Entering the Child Welfare System:** The signs of grief; trauma and its triggers; how the system impacts child development; attachment styles.
- ✓ **Standards for Licensed Caregivers:** Standards for foster homes; Reasonable and Prudent Parent Standard; Multi-Ethnic Placement Act and Americans with Disabilities Act.
- ✓ **Introduction to Family Systems Thinking:** Murray Bowen's Family Systems Theory; Edwin Friedman's concept of Family Systems Thinking; concepts of Triangles and Differentiation .
- ✓ **Managing Behavior:** Multicultural parenting; state-specific administrative codes on discipline; behavior management techniques; foster parents role administering psychotropic medications; family huddles; Mobile Response Team; Adverse Childhood Experiences (ACEs).
- ✓ **Family Advocacy:** Foster parent rights and advocate responsibility; your role and responsibility in court; your role in the multidisciplinary team.
- ✓ **Working Together as Part of the Treatment Team:** Visitation types; effective co-parenting; develop a Life Book; roles of the multidisciplinary team.
- ✓ **Transitioning Out of Care:** Exiting your state's child welfare system; termination of parental rights; children's transition to permanency; behaviors of grief and loss.

7
WEEKS

27
HOURS

100%
ONLINE

3
HOUR Zoom-facilitated
discussion
each week



100
CHURCHES

FOSTERING OUR FUTURE ACADEMY

In-Service Training and Certification Program

ABOUT THIS PROGRAM

Fostering Our Future Academy (FOFA) is a competency-based professional in-service training program for Foster Families and child welfare professionals. Monthly in service modules provide up to 15 training hours per annum from leading subject matter experts in the community-based child welfare movement. FOFA training hours qualify for annual foster home licensing renewal.

Topics include:

- ✓ A Seat at the Table: Advocacy & Permanency
- ✓ Adverse Childhood Experiences (ACE)
- ✓ Advocacy
- ✓ Building Bridges Back Home
- ✓ Case Management
- ✓ Foster Parents & the Law
- ✓ From Termination of Parental Rights (TPR) to Permanency
- ✓ Intake and Placement of Children
- ✓ Mental Health & Psychotropic Medications
- ✓ Positive Parenting
- ✓ Role of the Guardian At Litem
- ✓ Role of the Child Protective Investigator
- ✓ Siblings in Foster Care
- ✓ The Impact of Trauma
- ✓ Trust-Based Relational Intervention (TBRI) Training
- ✓ Working together with Biological Families
- ✓ Working within the Professional Team on Behalf of the Child